

AUTUMN 1 YEAR 1 HOME LEARNING

WHY DOES BEING OUTSIDE MAKE US FEEL GOOD?

This half term we will be thinking about how being outside in nature is good for our well being. Below are some suggestions of things you could do at home. You can pick one or do as many as you like and you might have some super ideas of your own too!

Please email any photos to year1@damers.dorset.sch.uk by October 15th.



Go for a walk and spend time looking closely at the nature all around you!
Why not draw a map?



Collect some leaves and turn them into a work of art!



Visit one of our many local nature reserves!
<https://www.dorsetwildlifetrust.org.uk/>



Collect some conkers – play a game of conkers!



Make a list of things you might take if you were going camping!



Write a poem about your favourite animal or insect!



Create a bit of artwork that shows the four seasons.



Cook something that would be good to eat on a long walk.



Go for a walk in the woods and build a den.

Knowledge and Vocabulary

Phonics

Consolidating knowledge from Foundation

ai, ee, igh, oa, oo, at, or, ur, oo, ow, oi, ear, air, er

Reading longer words

New learning
ay as in play
ou as in cloud
oy as in toy
ea as in each

For more information on how to say the sounds click here on the orange circle...



English

character
setting
events
sentence
full stop
capital letter

write simple ideas

Form letters
correctly starting
and ending in the
correct place.



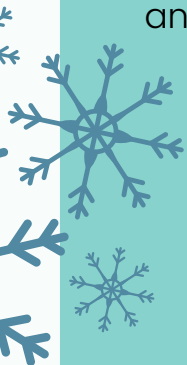
Science

Observe changes across the four seasons
Observe and describe weather associated with the seasons and how day length varies.

Summer
Winter
Autumn
Spring

Weather

wind rain snow hail sleet fog
sun hot warm cold



Maths

Numbers to 10
Number bonds
Addition and subtraction within 10
Form numbers correctly



Art

Developing drawing skills
Exploring line and texture



Geography

Identify seasonal and daily weather patterns in the UK
Identify hot and cold areas of the world



Design Technology

Research, design and make a piece of playground equipment.

